



**Trumbull County Wellness Committee  
Meeting Summary  
Thursday, September 14, 2023**

The Trumbull County Wellness Committee met on Thursday, September 14, 2023, in the Trumbull County Commissioners' Hearing Room, 160 High Street in downtown Warren. Those in attendance included:

Jenna Amerine, TCCHD, Chairperson  
Mitzi Sabella, Planning Commission  
Debbi Bruno, JFS  
Marge Seyer, JFS

Chairperson, Jenna Amerine, called the meeting to order at 3:10 p.m.

**I. Old Business**

- Jenna Amerine discussed the 2024 Rally Incentive Program Updates: She stated that there is a Maximum of \$415 available (Health Survey - \$25, Biometric Screening - \$75, Physical Exam – \$50; 3 Rally Missions - \$25, and Rally Stride - \$20/month)

**II. New Business**

- Mike Merk is working on the Annual Wellness Satisfaction Survey.
- There is a Fall Fitness Walking Challenge happening September 10 – 30, 2023.
- Flu Shots will happen October 24, 2023, from 9 – 11:30 a.m. and 1 – 3:30 p.m. at the County Health Department.
- The Biggest Loser Competition will happen October 1 – November 4, 2023. Barb Vingle will keep track of the weight ins.

**III. Adjournment**

Next meeting will be on **Thursday October 26, 2023**, at 3:00 p.m. in the Commissioners' Hearing Room. There being no further business, the meeting was adjourned at 4:00 p.m.

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